

Garfield Elementary

K-5 Physical Education

Instructor: Dan Kirsch, Ed.S.

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My goal in physical education is for students to learn to make healthy choices and feel successful when participating in various physical activities. This enables students to develop a positive attitude toward physical activity and healthy habits, which they can hopefully continue throughout their lives.

At Garfield Elementary, we believe in making Physical Education a fun and enjoyable experience for our students. They will be encouraged to participate in various activities to the best of their ability, all while having a great time. At the elementary level, specific skills are taught so students can pursue a lifetime of physical fitness. Skills students will be learning within the Physical Education program within the Sioux Falls School District include:

- Perceptual Motor Skills (K thru 3rd grades)
- Activity/Sport Skills (3rd thru 5th grades)
- Movement Concepts (Spatial Awareness, Effort, and Relationships)
- Fitnessgram Testing (4th and 5th grades only)

Attire:

- Tennis Shoes are required for **ALL** students

Evaluation:

- Students are given a 10-point grade each day.
- Grade is based on daily participation, perceptual motor skills, attitude & sportsmanship, and proper tennis shoes
- Grading Scale:
 - Participation = 4pts
 - Perceptual Motor Skills = 2pts
 - Attitude & Sportsmanship = 2pts
 - Proper Tennis Shoes = 2pts

Parents/Guardians, your signature below indicates your understanding and commitment to our Physical Education program. Please fill in the appropriate information, sign it, and provide the date you have reviewed the above information with your student. Please have your student return the bottom portion of this syllabus to Mr. Kirsch during the next class.

Student Name: _____ Grade: _____

Parent/Guardian: _____ Date: _____